

'A CURRICULUM TO INSPIRE'

What makes a Good Citizen of Mountfields Lodge?

- **Accepts** that they have rights and that with those come responsibilities.
- **Accepts**, respects and celebrates themselves and others, including all our differences.
- **Behaves** in a way that is polite and respectful.
- Makes choices that keep themselves and others healthy.
- Assesses risks to help themselves stay safe.
- **Cares** about their learning and behaves in a way that helps themselves and others to learn.
- Understands how they learn and confidently **perseveres** when faced with a challenge.
- Understands different relationships and how to **communicate** appropriately in different situations.
- Contributes to the life of the school and wider community.
- Understands that responsible choices should be made about how money is used.

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Progression Map for PSHCE

Aspect of Subject	KS1		Y3/4		Y5/6	
Me and My Relationships	<i>PDP Unit</i>	How can I get to know other children in my class? How do I feel when I am doing something new?	<i>PDP Unit</i>	What does it feel like to be new or start something new? What helps me to feel like I belong and am valued at school?	<i>PDP Unit</i>	How do we build good relationships in our class? How do we make other people feel welcomed, valued and happier?
	<i>MMR 4 NB</i>	How can I make someone feel welcome or feel happier?	<i>MMR 9 NB</i>	How can I make someone feel welcome or feel happier? What helps us to learn well and feel safer in our class and school?	<i>MMR 14 NB</i>	How do I feel when I do something new? Which ways help me calm down? Who can I get support from about the way I feel or when I need help? How can I listen and support other people?
	<i>MMR 5 GTBM</i>	Can I name different feelings? (positive and negative) Do I know what makes me feel happy, sad, cross etc? What is the difference between fair/unfair, kind/unkind, right/wrong? How do my feelings, actions and behaviour affect others? How do I manage some of my emotions and control my behaviour? What helps me feel relaxed? Who do I share my feelings with? How can I stand up for myself?	<i>MMR 10 GTBM</i>	How do I cope with difficult emotions and how can I communicate these in an appropriate way? How can I deal with fears and worries? How do my feelings, actions and behaviour affect the way I and others feel? How can I manage my feelings and calm myself down when I need to? Who can I talk to about the way I feel or when I need help?	<i>MMR 15 GTBM</i>	What am I good at and what do I find difficult? What do I feel proud of? How do I manage strong emotions? How do I recognise other people's emotions and respond to them?
	<i>MMR 6 GOFO</i>	Can I describe what a friend is and does? How do I make and keep friends? How can I sort out problems between me and my friends? How am I similar/different to others?	<i>MMR 11, 13</i>	What does a good friend do? How can I listen and support my friends? What changes might I	<i>MMR 11</i>	How can I maintain/ develop new friendships? In what ways can differences between people be positive? How do I overcome differences in relationships? What different changes might
	<i>MMR8</i>	Who are my special people and				

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	<i>R,C</i>	how are they special to me? How do I feel and how do I cope when I lose something special? What helps me to feel better when I'm hurt? Who do I get support from when I need it?	<i>GOFO R, C</i>	experience? (relationships) How do I feel about these changes and how do I cope? What can I do to make the best of changes and new situations?	<i>GOFO</i>	I experience? (schl, body, friends, relationships, death) How do people cope with change?
How to Keep Healthy and Safe Keeping healthy and SRE	<i>PDP unit HSL6 & 7</i>	What are the names of basic parts of human body (<i>including external genitalia</i>)? Can I draw and label these?. <i>Sci</i> What does it mean to be healthy – physical and emotional health? Why is it important to have an active lifestyle, eat healthily and be hygienic? (<i>handwashing/coughing etc</i>). <i>Sci/PE/ Travel to School</i>	<i>PDP unit HSL 13 & 14</i>	Why is exercise important? <i>Sci/PE/ Travel to School</i> How do I plan and prepare simple healthy food – <i>DT</i> Why is it important to keep clean and how do I keep myself clean (<i>esp teeth</i>) <i>Sci</i> . Who is responsible for the choices I make about my lifestyle and how are these choices influenced? (<i>peers and parents</i>)	<i>PDP unit HSL 21 & 14</i>	Why is a balanced diet and physical exercise important? <i>PE/Sci/Travel to School</i> How do I plan a balanced diet? <i>Sci</i> . How do I plan, prepare and cook simple healthy food – <i>DT</i> Who is responsible for the choices I make about my lifestyle and how are these choices influenced? (<i>peers, parents and media -incl social media</i>) <i>Body image</i>
	<i>HSL 10</i>	How do babies and children change and grow into adults? <i>Sci</i>	<i>PDP unit HSL 13</i>	What are the differences between males and females? What are stereotypes of males and females and how can I challenge these?	<i>PDP unit HSL 20 & 24</i>	What are the names and functions of male and female sexual parts? <i>Sci</i> . What changes will happen to our bodies as we reach puberty? <i>Sci</i> . How do humans reproduce? <i>Sci</i> . What should adults should think about before they have a baby? How do I keep my growing and changing body clean and healthy?

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<p>How to Keep Healthy and Safe</p> <p>Staying Safe</p>	<p><i>PDP unit</i> <i>HSL4 & 5</i></p>	<p>Which situations are risky and how can I keep myself safer? (<i>road, ICT, sun, water, safe places to play, if lost</i>) How do I feel in risky situations? (<i>Develop a vocabulary to describe these feelings</i>). Who can I speak to if I feel unsafe or unsure, ill or in an emergency or a risky situation?</p>	<p><i>PDP unit</i> <i>HSL 11, 12 & 16</i></p>	<p>What are the risks to my safety and emotional wellbeing? When is situation risky and when is it dangerous? Who are the adults I can trust and talk to about my feelings? When is it right to break a promise or tell a secret? What physical contact do I feel comfortable with? How can I be responsible for my own personal safety? (<i>incl. ICT</i>) How can I stay safe in the sun? - <i>Assembly</i> How can friends affect decisions about taking risks and how do I react in risky situations? How can I stop accidents happening and what action is it okay to take in an emergency?</p>	<p><i>PDP unit</i> <i>HSL 18, 19, 22 & 23</i></p>	<p>When might it be good to take a risk? How risky are different situations? How can I keep myself and others safe? When and how am I responsible for my own safety? How can I stay safe online? <i>ICT</i> How can I stay safe when cycling? <i>Y5 Bikeability</i> How can I stay safe in the sun? - <i>Assembly</i> What helps to make school a safe place? How can I act assertively? What are legal and illegal drugs? <i>Sci.</i> How do some people use and misuse legal and illegal drugs? <i>Sci.</i> How does alcohol, smoking, illegal drugs affect the human body and other people? <i>Sci.</i> What should I do if I find something risky, like a syringe/alcohol? <i>Sci.</i> How do my friends and other people (incl media/social media) influence my choices?</p>
	<p><i>HSL8 & 9</i></p>	<p>How do I attract the attention of an adult? What are medicines and how are they used properly? What are risky substances at home or school and how do I keep safe if I come across risky substances? What do I do if someone tries to persuade me? What is appropriate touch? What makes me feel comfortable/uncomfortable? What are the differences between surprises and secrets, and good and bad secrets?</p>				

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How to be a Good Citizen	<i>PDP Unit C5</i> <i>NB</i>	How can I help to make the classroom and school a safer and fair place? Why do we have rules to keep us happy and safe? <i>ABC</i> Who looks after me and what are their responsibilities? <i>EYFS</i> Take part in discussions and making decisions in class. <i>Class Councils</i>	<i>PDP Unit C8</i> <i>NB</i>	Why do we need rules? What are rights and responsibilities? - <i>ABC</i> How can I contribute to making and changing rules? <i>School/Class Councils</i> What is a representative and how do we elect them? <i>School Council</i> How are democratic decisions made in class and in school? <i>School/Class Council</i> What are my roles and responsibilities at school and at home? How will these change?	<i>PDP Unit C11</i>	What are my responsibilities in school? <i>ABC</i> What are the basic rights of children? <i>UNICEF</i> How can I contribute to making and changing rules? <i>School/Class Councils</i> How can I make a difference in school and society? – <i>Playgrnd Champs, Playldrs Monitors</i> How does democracy work and what are the roles of Councils and Parliament?
	<i>C3</i> <i>GFG</i>	How can I work well in a group? – (<i>specifically by listening to other people, taking turns and sharing view</i>). How can I negotiate to sort out disagreements?	<i>C6</i> <i>GFG</i>	How do I listen to others well, share views and opinions effectively and respectfully? What are the different roles within a group and how do I work effectively as group member?	<i>C9</i> <i>GFG</i>	Take part in a debate and listen to others, share views and opinions effectively and respectfully. How do I negotiate well to achieve agreement?
	<i>C4</i>	What are the similarities and differences between myself and others? What are the variety of cultures and beliefs in our school? <i>RE</i> Who are the people in our community and what are their different roles? How do I look after the school and local environment? <i>Geog/Green day</i> How do I care for plants and animals? <i>Pet week – 2 yearly</i>	<i>C7</i>	What lifestyles and beliefs do people in school and the local area have? <i>RE</i> What are stereotypes and how do I challenge them? How do I look after the school and local environment? <i>Geog/Green day</i> What are the responsibilities of humans towards animals? <i>Pet Wk – 2 yearly</i>	<i>C10</i>	What is identity and what makes up my own identity and that of others? What are the different cultures, beliefs and identities locally and in the UK? How do I show respect for different view lifestyles and beliefs? What is stereotyping and how does the media influence people? How do I look after the school and local environment? <i>Geog/Green day</i>

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Aspect of Subject	KS1		Y3/4		Y5/6	
How to Manage Money	PDP Unit EW1	<p>What is money , where does it come from and how can it be used for different purposes?</p> <p>What choices can I make about the money I have? (spent and saved)</p> <p>How do these choices affect myself and others?</p> <p>What are charities?</p>	PDP Unit EW2	<p>What are the different ways to earn and spend money?</p> <p>What do families have to spend money on?</p> <p>What does saving, spending and budgeting?</p> <p>What choices can I make about the money I have? (spent and saved)</p> <p>How do these choices affect myself and others?</p>	PDP Unit EW3	<p>What sorts of things adults do adults need to pay for?</p> <p>How can I afford the things I want or need?</p> <p>How do I get value for money?</p> <p>What is poverty?.</p> <p>How does fair trade benefit people?</p> <p><i>Geog?</i></p> <p>How can money be allocated in different ways and how will these choices affect communities and the wider world?</p>
Notes	<p><i>Link to Maths through teaching money</i></p> <p><i>Choose a year group charity in the Summer Term</i></p> <p><i>Enterprise DT</i></p>		<p><i>Taught through Maths</i></p> <p><i>Choose a year group charity in the Summer Term</i></p> <p><i>Enterprise DT</i></p>		<p><i>Choose a year group charity in the Sum Term</i></p> <p><i>Enterprise DT</i></p> <p><i>Link to RE unit which includes Fairtrade budgeting</i></p>	
Learning how to Learn	C3 GFG	<p>What am I and other people good at?</p> <p>What new skills would I like to develop?</p> <p>How do I listen well to other people?</p>	PDP Unit C6 GFG	<p>What am I and others good at?</p> <p>What new skills would I like to learn?</p> <p>How do I ask open questions?</p> <p>What helps me learn new skills effectively?</p> <p>How do I Persevere and overcome obstacles in my learning?</p> <p>What is useful evaluation?</p> <p>How do I give and receive constructive feedback?</p> <p>What do I do with this feedback?</p> <p>What helps me learn effectively?</p> <p>What would I like to improve and how do I achieve this?</p>	PDP Unit C9 GFG	<p>What are my strengths and skills and how are they seen by others?</p> <p>What helps me learn new skills effectively?</p> <p>What would I like to improve and how do I achieve this?</p> <p>How do I Persevere and overcome obstacles, and help others to do so.</p> <p>How do I give and receive constructive and sensitive feedback?</p> <p>What do I do with this feedback to improve learning?</p> <p>What are the some of the education options open to them and the jobs that people do?</p> <p>How could my skills be used in future employment?</p>

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