

Mountfields Lodge Primary School



PSHE and Citizenship Policy

Aim High Reach for the Sky

Mountfields Lodge School
PHSE and Citizenship

Introduction

Personal, Social and Health Education (PHSE) and Citizenship is at the core of how we aim to educate our children at Mountfields Lodge, enabling them to become healthy, confident, independent and responsible members of society, in line with our school vision. Through PHSE and Citizenship, we encourage our pupils play a positive role in contributing to the life of the school and the wider community, and to understand their responsibilities (to themselves as well as to others), their rights and duties as individuals and as members of local, national and global multi-cultural communities.

Our teaching and learning in PHSE and Citizenship is closely linked with S.M.S.C. (Social, Moral, Spiritual and Cultural), and our ABC (R-Time).

Policy Development and Review

This policy was devised by the PHSE co-ordinator, through consultation with stakeholder groups. It will be reviewed as part of the schools ongoing policy review cycle by the co-ordinator, including further consultation.

Aims

The aims of PHSE (and citizenship) are to enable the children to:

- Know and understand what constitutes a healthy lifestyle
- Be aware of safety issues
- Understand what makes for good relationships with others
- Have respect for others and value diversity
- Be independent and responsible members of the school community
- Be positive and active members of a democratic society
- Understand the balance of rights and responsibilities
- Develop self confidence and self esteem and make informed choices regarding personal and social issues
- Develop good relationships with other members of the school and the wider community.

The Curriculum and Teaching and Learning –

Effective PHSE and citizenship permeate the whole of school life. They are taught both explicitly and implicitly. Our scheme of work uses the Cambridgeshire Primary Personal Development Programme materials for each year group and R-Time resources, with planning adapted to meet the needs of the children in those year groups. In the Foundation Stage, the same themes are taught each year and revisited regularly, as well as following the stepping stones for the Early Learning Goals.

As there is a large overlap between the programme of study for religious education and the aims of PHSE and citizenship, some of the PHSE and citizenship is taught through our religious education lessons and through assemblies.

A range of teaching strategies will be employed to ensure that PHSE and citizenship opportunities:

- PHSE and citizenship teaching may take place during dedicated PHSE citizenship/R-time sessions.
- Teachers will find opportunities for active PHSE and citizenship while planning for other subjects, such as teaching about Fairtrade and environmental issues in EOW (Exploring our World) or health issues in science.
- There are times when opportunities for PHSE and citizenship work arise from incidents during the school day. These may require intervention and discussion immediately.

- There will be other times when activities can be planned to link with current issues within school or the wider community.
- Termly Green Days develop children's awareness of local and global environmental issues – e.g. Litter picking and Global Warming.
- Organising charity events, contributing to planning of learning.
- Through Sport Education our Year 5s and 6s learn about leadership, organisation, team work and sportsmanship.
- Visiting speakers including – school nurse, police, local community leaders.
- Mock elections – around general election time.
- School Council, class council.
- Residential in Year 2, 4 and 6.

Implicit teaching is expressed, for instance

- in the way that children and staff address each other
- in the demands that they make of one another
- in the way that people treat each other, whatever differences they may have
- In the way we interact with visitors and members of the community.

At Mountfields Lodge we are very proud to run a Buddy Class system, where an older class is paired with a younger class. Through this children learn how to relate positively to children other than their immediate peers fostering a sense of community in a large school. They also learn cooperative, leadership and communication skills.

To be effective teaching and learning in PHSE needs reinforcing by positive behaviour of staff and children alike.

A separate scheme of work shows the organisation of the PHSE curriculum within our school.

Children's Mentor

Where children need specific support with emotional, social and behavioural aspects of their school life, they may be referred to our Children's Mentor who will work with the children, individually or in small groups as appropriate to help them to develop the skills they need to improve behaviour or strategies to deal with emotional issues. Our Children's Mentor works in close liaison with class teachers, parents and external agencies, such as CAMHS (Child and Adolescent Mental health Services), in order to provide a holistic approach to this important aspect of our PHSE teaching and learning.

Planning, Assessment and Recording, Monitoring

All members of staff are responsible for ensuring that planning for their class follows the schemes of work and programmes of study for PHSE and citizenship. Age group leaders have a responsibility for ensuring that PHSE and Citizenship is taught effectively in their department.

Understanding in PHSE and Citizenship will be demonstrated through **assessment** against learning objectives, which will be built into curriculum planning. A variety of assessment techniques will be used, including draw and write, discussion, quizzes, scrutiny of work and pupil self- assessment, peer assessment and project assessment.

Recording

By its nature much of PHSE and citizenship will be oral. However, opportunities can be offered for children to record their views in many different ways including the use of recorders, photographs, video and displays.

Children's achievements in PHSE and citizenship are recorded within annual reports to parents and through the behaviour certificate system.

Reporting

Annual reports and parental interviews will include reference to children's development and achievements in PHSE and citizenship.

Monitoring

Age Group Leaders are responsible for monitoring and assessing PHSE and citizenship progress.

The coordinator/subject leader monitors overall provision for PHSE citizenship within school and reports to the head teacher and governors when appropriate.

The coordinator/subject leader maintains resources, provides subject guidance, leadership in teaching and supports the work of colleagues.

Learning walks, pupil attitude surveys, questionnaires and evaluations by staff, children and parents, and governor visits to monitor aspects of school life are all ways that PHSE and Citizenship are monitored at Mountfields Lodge.

Equal Opportunities Statement

Our Drugs Education policy is intended to promote self-esteem and the ability to make life choices for all our pupils and to be equally accessible to them regardless of ability, social and cultural background, religion, sexual orientation, physical or emotional needs.

When difficult topics covered in school may impact on children with personal experiences, class teachers will liaise with parents/carers to ensure that these areas are approached with sensitivity.

Staff Development

Staff will be offered opportunities, for additional training in PHSE and citizenship, as appropriate according to needs identified in the staff development plan.

Monitoring, Evaluation and Review

Effectiveness of PHSE, including the personal development of pupils, will be monitored, evaluated and reviewed by PHSE and Citizenship co-ordinator. This will be done through: learning walks, pupil attitude surveys, discussion with staff, parents and children, pupil interviews, review of resources and schemes of work, evaluations of events.

This policy should be read in conjunction with the following policies –

Child Protection

Drug Education

Teaching and Learning

Sex and Relationship Education

Smoke Free

Healthy Lifestyles

Anti-bullying

Community Cohesion and Promotion of British Values

Behaviour

Medicines in School